



## Information sheet

Find your way to more mindfulness, inner peace, balance, power and vitality through Chen Style Taijiquan. This is our training offer for you.

To support you on your way, we offer weekly courses, personal trainings and workshops.

### health| martial art | councioness

- regular beginner courses
- free trial training after registration
- participation is possible at any time without any precognition

#### Monday

Benedikt-Schellinger-Gasse 1-3, 1150 Wien

**18:00 - 19:15**

beginners & advanced  
*old frames 1st form*

#### Tuesday

Kröllgasse 26, 1150 Wien

**18:00 - 19:45**

beginners & advanced  
*standing  
old frames 1st form*

**19:45 - 20:45**

beginners & advanced  
*weapon forms*

#### Saturday

Zieglergasse 21  
1070 Wien

**10:00 - 11:15**

beginners  
*old frames 1st form*

**11:15 - 13:30**

advanced  
*standing  
old frames 1st and  
2nd form*

#### Wednesday

Penzinger Str. 84/7, 1140 Wien

**18:00 - 19:15**

weapon forms

#### Thursday

Benedikt-Schellinger-Gasse 1-3, 1150 Wien

**18:00 - 19:00**

beginners & advanced  
*old frames 1st form*

### course fees

1x per week: € 55,-- (€ 40,-- students) | 2-5x per week: € 70,-- (€ 55,-- students)

### for more informations

[www.shujian.at](http://www.shujian.at) | [www.taijiwien.at](http://www.taijiwien.at)

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