



Information sheet

Find your way to more mindfulness, inner peace, balance, power and vitality through Chen Style Taijiquan. This is our training offer for you.

To support you on your way, we offer weekly courses, personal trainings and workshops.

health| martial art | councioness

- regular beginner courses
- free trial training after registration
- participation is possible at any time without any precognition

Monday

Benedikt-Schellinger-Gasse 1-3, 1150 Wien

18:00 - 19:15

beginners & advanced
old frames 1st form

Tuesday

Kröllgasse 26, 1150 Wien

18:00 - 19:45

beginners & advanced
*standing
old frames 1st form*

19:45 - 20:45

beginners & advanced
*Tuishou
partner exercises*

Saturday

Zieglergasse 21
1070 Wien

10:00 - 11:15

beginners
old frames 1st form

11:15 - 13:30

advanced
*standing
old frames 1st and
2nd form*

Wednesday

Vienna BioCenter Campus 2
groundfloor seminar room
Viehmarktgasse 2A, 1030 Wien

17:30 - 18:45

Taijiquan
basic course

Landsteinerlg. 4
1160 Wien

18:00 - 20:00

freies Üben

20:00 - 20:45

beginners & advanced Weapons

Thursday

Benedikt-Schellinger-Gasse 1-3, 1150 Wien

18:00 - 19:00

beginners & advanced
old frames 1st form

course fees

1x per week: € 55,-- (€ 40,-- students) | 2-5x per week: € 70,-- (€ 55,-- students)

for more informations

www.shujian.at | www.taijiwien.at

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